

# *Straight Forward News*

*California Dressage Society, Marin Chapter Dec/Jan 2005/2006*

## December Meeting

The December meeting will be at McGuinness Park Golf Center, 350 Smith Ranch Road, San Rafael on Tuesday, December 13. Gather for drinks at 6:00 and dinner at 7:00 pm. You **MUST** make a reservation by calling Dana Allen at 415 883-7760 by Friday, Dec 9<sup>th</sup>. Dana and her sister will be providing music in the form of Christmas carols at six. You can join in, listen or ignore them as you choose. Cost is \$32 per person, and includes dessert. Your choices are vegetarian lasagne, chicken marsala or filet mignon. Let Dana know of your choice when you make your reservations. The chapter will pick up the drinks, wine, tax and tips. Be reasonable when ordering wine. If everyone orders the '59 Haut-Brion, we probably won't try this again. If you make a reservation and don't show up, you will still owe the chapter for your meal. If you show up without a reservation, you may not get anything to eat.

To find the restaurant, take Hwy 101 to Smith Ranch Road and go east (that's a right if you're going north on 101). Go almost 1 mile to a large parking lot. The restaurant is in the club house on the north side of the lot.

Please bring an unwrapped Christmas gift suitable for a child for Toys for Tots.

■ <http://www.marindressage.org>. Check it out.

## ELECTIONS

It's that time of year again. Elections for your Board of Directors will be at the December meeting. If you would like to run for office or to nominate someone who would, contact Leslie Ungermann at [leslieungermann@sbcglobal.net](mailto:leslieungermann@sbcglobal.net) or 707-769-2753.

## SCHOOLING SHOW

The Schooling Show at the Riverside Equestrian Center on November 30<sup>th</sup> was successful with about 40 rides from Intro through PSG. Chapter riders included Julie Dobbs on Kiwi (69.63 at 1<sup>st</sup> Level, Test 1 & 65.588 at 1<sup>st</sup> Level, Test 2), Camille Kusin on Newbridge Joe (67.659 at 2<sup>nd</sup> Level, Test 3 and 61.961 at 2<sup>nd</sup> Level, Test 4) and Christne Mudge on Selera (66.250 at Training Level, Test 3 and 65.428 at 1<sup>st</sup> Level, Test 3). Thanks to all who worked the show to make it all possible.

## CONGRATULATIONS

To Junior, Laura Andrews, on Perception for winning the Region 7 USDF Great American Championship at 3<sup>rd</sup> Level. Laura scored a 67.4% and won a cooler and a Kyra jacket as well as a blue ribbon

Thanks to Virginia Chatham at Bits and Bridles ([webmaster@bitsandbridles.com](mailto:webmaster@bitsandbridles.com)) you can visit our website at

for her efforts. Laura is a junior at SF University High School and spent her time between rides studying for her mid term exams. Way to represent our Chapter, Laura!

## WHO KNEW?

*Pulse*, the newsletter for Marin General and Novato Community Hospitals informs me that "As a part of its cancer recovery program, The Marin Cancer Institute (MCI) offers women who have been treated for cancer at the Institute the opportunity to participate at no cost in a unique research program called Healing With Horses, in which the women connect with horses-saddling up and finding inner calm, confidence, and relief from the worries of the disease. It is the only research program in the nation that studies the horse/human bond exclusively with cancer survivors.

For two hours once a week during a 12-week period, the current participants learn to saddle and ride the animals, feed and handle them, and groom them after riding. Weekly sessions have been held at Miwok Stables in Tennessee Valley, southern Marin and Marin Stables in Fairfax.

Kimberly Powell of Larkspur went through the program in March 2005. She said: 'Horses have a peaceful and serene presence. They are powerful and majestic, and they're not in a hurry-they're on horse time. (Kimberly obviously never met my horse...Ed.) Being with horses is a stark contrast to the clinical setting of cancer therapy, with its machines and drugs. It's all natural, beautiful-a very different way of healing.'

During the research phase of the project, the stable owners are funding the program as a community service. Afterwards, it will cost \$400 a participant. **Financial support is needed for the program to continue.** (emphasis mine, Ed.) Cindi Cantril, R.N., M.P.H., Breast Care Coordinator/Nurse Navigator of the Breast Health Program says: 'This program is a wonderful respite from thinking about the disease...We are actively seeking funding sources so that we can expand the number of people who can take part.'

It's the time of year to think about those less fortunate than we are as well as considering those end of the year tax deductions. If a group of horse people can't get behind this one, if we can't help cancer patients in our own community cope with their disease by introducing them to our best buddies, horses, what can we support? Go get out your checkbook and send them some money.

Cindi can be reached at 415 492-4733. To donate to the program, contact Lori Gremel, Senior Development Director, at 415 492-47633, or [gremell@sutterhealth.org](mailto:gremell@sutterhealth.org).

## **CLASSIFIED ADVERTISEMENTS**

My name is Julie Dobbs and I'm 12 years old and about 5'2". I need to find a 1<sup>st</sup> to 2<sup>nd</sup> Level gelding to full lease for the coming show season or longer. He needs to be about 15.3 to 16.2 hands tall and be reasonably easy to trailer and take to shows. He would be kept with my trainer, Jeannette Derammelaere in Novato. If you have or know a horse that I can lease, please call me at 415 898-0301. Thank you!

Dr. La Voie (Equine Dentist) monthly clinics. Call Jeannette Derammelaere for appointments 415-892-6819 or 415-725-2195.

Marion now trains at Meadowbrook Farm, Nicasio, CA. 415 662-2288.

**Logo wine glasses & coffee mugs for sale.** Etched with the Marin Chapter logo, \$7.00 each. Contact Kathy Goldstein at 415 892-4560.

## **MARK YOUR CALENDAR**

(or don't. There's not much going on...)

Straight Forward News is published bi-monthly and sent out to all CDS Marin Chapter Members. Contributions to this newsletter are welcome and encouraged. Please contact your editor with anything of interest. Dick Evans, 4200 Green Valley School Road, Sebastopol, CA 95472-9712, 707 829-8721, [gopherknolls@yahoo.com](mailto:gopherknolls@yahoo.com).

There's not a lot more to say this month, so I'll leave you with some pictures from the schooling show. Enjoy your holidays and your horses, and come celebrate the season at the dinner on December 13<sup>th</sup>!





